

Colon Cancer Screening Program

Home Test Kit Instructions

The Kit Contains:



2 Collection Cards



2 Applicator Sticks



2 Toilet Liners



1 Mailing Pouch

Before you start

Things you need to know

DO NOT take test:

- three days before, during or three days after menstrual period.
- if you have bleeding hemorrhoids, blood in urine, open cuts on hands, or have strained during bowel movement.
- **DO NOT** collect sample from stool under water.
- **DO NOT** use past printed expiration date on Collection Card.

Store Collection Cards at room temperature 59-86°F (15-30°C).

Register Test Kit

1. Select one Collection Card from envelope
2. Write the test taker's name, date of birth and collection date on the Collection Card.
3. Go to www.ConvenaHealth.com, click on Activate Test button and enter the activation # from the Collection Card. Complete the online registration process.

A smartphone displaying the registration form. The form has a progress bar at the top with 'Tester Info' selected and a green checkmark. Below the progress bar is a paragraph of placeholder text and a link to the Data Privacy Policy. The 'Personal Information' section contains four input fields: 'First Name' (Sarah), 'Last Name' (Jones), 'Date of Birth' (07/23/63), and 'Sex Assigned At Birth' (Male selected, Female unselected).

Tester Info Review Done

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Personal Information

First Name
Sarah

Last Name
Jones

Date of Birth
07/23/63

Sex Assigned At Birth ⓘ
 Male Female

Collect Test Specimen

- 4.** Lift Toilet seat, unfold the Toilet Liner provided and place on surface of water and on side of bowl.
- 5.** Have bowel movement.
- 6.** Open flap of Collection Card. Collect a pea-sized stool sample with provided Applicator Stick. Apply sample to top half of window.
- 7.** Reuse Applicator Stick to collect another pea-sized sample from a different part of stool. Apply sample to bottom half of window.
- 8.** Spread samples over entire window by pressing gently while mixing thoroughly. Close flap.



Flush tissue and stool ONLY.
Discard stick in waste container.
Allow sample to air dry overnight.

Store and Repeat

- 9.** Insert the completed and dried Collection Card into the enclosed Mailing Pouch designed to meet U.S. Postal Service regulations.



If you purchased two tests, take the second Collection Card and repeat the above steps 1 to 9. If not, skip to step 10.

Insert the second completed and dried Collection Card into the Mailing Pouch.

Send

- 10.** Peel tape from flap.
Fold flap over.
Press firmly to seal.



Place postage as appropriate and mail to Convena Health within 10 days of Collection Date.